



# HOW TO SPEAK WITH YOUR DOCTOR ABOUT A TREATMENT OPTION FOR NASAL POLYPS

If you're 18 years or older and have nasal polyps not controlled with nasal steroid sprays, you know how difficult the condition can be. We've made the discussion easier with tips and guidance on how to speak with your doctor about a treatment option for nasal polyps. The right conversation can help make a difference.

## QUESTIONS YOUR DOCTOR MAY ASK YOU:

- What are you currently using to help with your nasal polyps?
- What have you tried in the past to help with nasal polyps?
- Are you open to other treatments?
- Do you have any other medical conditions?
- Are you taking any other medications?

## DISCUSS SYMPTOMS YOU ARE EXPERIENCING AND HOW THEY IMPACT YOU:

- Nasal congestion
- Loss of smell
- Postnasal drip
- Runny nose
- Other \_\_\_\_\_

## ASK ABOUT XOLAIR:

- Is XOLAIR right for me?
- How is XOLAIR different than other treatments (nasal sprays, surgeries, steroids, etc)?
- How does XOLAIR work?
- How would I take XOLAIR?
- What are the possible side effects of XOLAIR?

## What is XOLAIR?

XOLAIR is an injectable prescription medicine used to treat nasal polyps in people 18 years of age and older when medicines to treat nasal polyps called nasal corticosteroids have not worked well enough. It is not known if XOLAIR is safe and effective in people with nasal polyps under 18 years of age.

## IMPORTANT SAFETY INFORMATION

### What is the most important information I should know about XOLAIR?

**Severe allergic reaction.** A severe allergic reaction called anaphylaxis can happen when you receive XOLAIR. The reaction can occur after the first dose, or after many doses. It may also occur right after a XOLAIR injection or days later. Anaphylaxis is a life-threatening condition and can lead to death. Go to the nearest emergency room right away if you have any of these symptoms of an allergic reaction:

- wheezing, shortness of breath, cough, chest tightness, or trouble breathing
- low blood pressure, dizziness, fainting, rapid or weak heartbeat, anxiety, or feeling of "impending doom"
- flushing, itching, hives, or feeling warm
- swelling of the throat or tongue, throat tightness, hoarse voice, or trouble swallowing

Your healthcare provider will monitor you closely for symptoms of an allergic reaction while you are receiving XOLAIR and for a period of time after treatment is initiated. Your healthcare provider should talk to you about getting medical treatment if you have symptoms of an allergic reaction.

Please see full Prescribing Information, including Medication Guide for additional Important Safety Information.



## IMPORTANT SAFETY INFORMATION (cont'd)

**Do not receive and use XOLAIR if you** are allergic to omalizumab or any of the ingredients in XOLAIR.

**Before receiving XOLAIR, tell your healthcare provider about all of your medical conditions, including if you:**

- have a latex allergy or any other allergies (such as food allergy or seasonal allergies). The needle cap on the XOLAIR prefilled syringe contains a type of natural rubber latex.
- have sudden breathing problems (bronchospasm)
- have ever had a severe allergic reaction called anaphylaxis
- have or have had a parasitic infection
- have or have had cancer
- are pregnant or plan to become pregnant. It is not known if XOLAIR may harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if XOLAIR passes into your breast milk. Talk with your healthcare provider about the best way to feed your baby while you receive and use XOLAIR.

**Tell your healthcare provider about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**How should I receive and use XOLAIR?**

- When starting treatment XOLAIR should be given by your healthcare provider in a healthcare setting.
- If your healthcare provider decides that you or a caregiver may be able to give your own XOLAIR prefilled syringe injections, you should receive training on the right way to prepare and inject XOLAIR.
- Do not try to inject your XOLAIR prefilled syringe until you have been shown the right way to give XOLAIR injections by a healthcare provider. Use XOLAIR exactly as prescribed by your healthcare provider.
- See the detailed Instructions for Use that comes with XOLAIR for information on the right way to prepare and inject XOLAIR.
- XOLAIR is given in 1 or more injections under the skin (subcutaneous), 1 time every 2 or 4 weeks.
- In people with nasal polyps, a blood test for a substance called IgE must be performed before starting XOLAIR to determine the appropriate dose and dosing frequency.
- Do not decrease or stop taking any of your other asthma or nasal polyps medicine unless your healthcare providers tell you to.
- You may not see improvement in your symptoms right away after XOLAIR treatment. If your asthma symptoms do not improve or get worse, call your healthcare provider.
- If you inject more XOLAIR than prescribed, call your healthcare provider right away.

**What are the possible side effects of XOLAIR?**

**XOLAIR may cause serious side effects, including:**

- **Cancer.** Cases of cancer were observed in some people who received XOLAIR.
- **Inflammation of your blood vessels.** Rarely, this can happen in people with asthma who receive XOLAIR. This usually, but not always, happens in people who also take a steroid medicine by mouth that is being stopped or the dose is being lowered. It is not known whether this is caused by XOLAIR. Tell your healthcare provider right away if you have rash; chest pain; shortness of breath; or a feeling of pins and needles or numbness of your arms or legs.
- **Fever, muscle aches, and rash.** Some people get these symptoms 1 to 5 days after receiving a XOLAIR injection. If you have any of these symptoms, tell your healthcare provider.
- **Parasitic infection.** Some people who are at a high risk for parasite (worm) infections, get a parasite infection after receiving XOLAIR. Your healthcare provider can test your stool to check if you have a parasite infection.
- **Heart and circulation problems.** Some people who receive XOLAIR have had chest pain, heart attack, blood clots in the lungs or legs, or temporary symptoms of weakness on one side of the body, slurred speech, or altered vision. It is not known whether these are caused by XOLAIR.

**The most common side effects of XOLAIR in adults with nasal polyps:** headache, injection site reactions, joint pain, upper abdominal pain, and dizziness.

These are not all the possible side effects of XOLAIR. Call your doctor for medical advice about side effects.

You may report side effects to the FDA at (800) FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch). You may also report side effects to Genentech at (888) 835-2555 or Novartis Pharmaceuticals Corporation at (888) 669-6682.

Please see full Prescribing Information, including Medication Guide for additional Important Safety Information.

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**Xolair**  
Omalizumab  
FOR SUBCUTANEOUS USE 75 mg • 150 mg